## THE EMOTION WHEEL

ORIGINALLY CREATED BY DR. GLORIA WILCOX

	Out of control Steepy Ostrocked	Indifferent Apathetic Apathetic Pressured Rushed Rushed Rushed	Frightened Overwhelmed Worried Inadequate	Worth est of the state of the s	
Astonish Awe Eager Energetic Aroused	snoped to Star	Bored Stressed Tired	Scared Anxious Insecure	Respectively of the two	posed  Resentful  Resentful  Ridiculed  Indignant
Free Joyful Curious Inquisitive Successful	Playful Content Interested proud	Surprised Bd Happy	Angry	Humilla Bitter  Mad  Aggressive  Frustrated  Distant	Furious Jealous Provoked Hostile Infuriated
Confident Respected Valued Courageous Creative Loving	Power rustif	Vulnerable Despair Alling	D Rep Mari	Sisapproving Supplied	Annoyed Withdrawn Numb Skeptical Dismissive Remental
		Fragile Grief Powerless Ashamed	Embarrassed Disappointed Inferior Empty Remorseful	1 18 18 18	